

Power Mixx Fitness

August Power News

Back to School Back to YOU



Summer is a time for family, friends, and fun. The start of school is just around the corner. It is now time to start thinking about YOU. Our "Back to School Back To YOU Challenge" begins August 13th and runs through September 13th. The rules are simple and the only cost is your commitment to YOU!

1. **Commit to attend a certain number of classes between August 13th and September 13th**
2. **Sign our Commitment board**
3. **Receive a FREE pair of "Be Strong" toe sox once you commit**
4. **Attend your classes**
5. **If you attend all of the classes you have committed to you will receive a FREE shirt and be entered into our raffle for some AMAZING PRIZES**

Time to take care of YOU and get back on track after a Summer of fun! Tell your friends about the challenge and have them join you by purchasing the New Client Special for \$99.

NEW CLASS TIMES



MUCKFEST

Time is runing out to be a part of the Power Mixx Muckfest team!

Get ready to get muddy for a great cause. Power Mixx is putting together a team to support MS. Multiple sclerosis is an unpredictable, often disabling disease of the central nervous system. Muckfest will take place September 15th in Parker. Join all of the instructors for a morning of fun and mud all while raising awareness for a great cause. Here is the link to the event. Follow the link and search for the Power Mixx Team. There is a cost to participate but you will receive a Free Power Mixx Muckfest shirt! Register Today!

https://secure.nationalmssociety.org/site/PageServer?pagename=+HOM_MUCK_2018_MuckFest_Registration&ms_id=29909&e3_id=29901

BARRE MIXX
Tuesdays 6:00 am
MIXX

Saturdays 8:00 am

Please remember to sign up in advance for classes. Any class with low attendance is subject to cancellation



COMMUNITY

Supporting our community schools is important to us. We love providing donations for fund raisers, school auctions, fun runs etc. Please let us know if there is anyway we can help support your school.

Small Business Fridays

It's back. Small business Fridays. Do you or someone you know have a small business you would like to promote? Contact us at powermixxfitness@gmail.com to find out more about bringing your business to Power Mixx.

We love your commitment and dedication to your health! Become a part of the Power 100 Club just by taking classes. Congratulations to everyone who has reached this amazing milestone!



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